

Together with



## How to get in touch

It's easy! You can telephone the Beth Johnson Foundation on 01782 844036 or you can email us at [macmillan@bjf.org.uk](mailto:macmillan@bjf.org.uk)

Alternatively you can ask a family member, friend or anyone involved in your care to contact us on your behalf. All they need is your permission to do so.

A member of our team will visit you in the comfort of your own home to find out what difficulties you are experiencing, and together you'll work out a way forward.

If you've got what it takes to make a real difference for someone affected by cancer, maybe you could become a volunteer. For more information, give us a call!

 [www.facebook.com/StaffsCasp](https://www.facebook.com/StaffsCasp)

 [Twitter.com/@StaffsCaSP](https://twitter.com/StaffsCaSP)

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When you have cancer, you don't just worry about what will happen to your body, you worry about what will happen to your life. At Macmillan, we know how a cancer diagnosis can affect everything and we're here to support you through.

If you have any questions about cancer, need support or just someone to talk to, call free, Monday to Friday 9am-8pm on **0808 808 00 00** or visit [www.macmillan.org.uk](http://www.macmillan.org.uk).

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# STAFFORDSHIRE CANCER SUPPORT PROGRAMME

WE ARE  
MACMILLAN.  
CANCER SUPPORT

**Life with cancer in Staffordshire  
is still life. We'll help you live it.**

Beth Johnson Foundation - A Future for All Ages

## Who are we?

The Staffordshire Cancer Support Programme (CaSP) is a partnership between the Beth Johnson Foundation and Macmillan Cancer Support and is funded by Macmillan Cancer Support. We are here to provide links to social, emotional and practical support for adults affected by cancer.

## Who can we help?

Being diagnosed with cancer is the toughest thing most of us will ever face. But you don't have to face it alone. The Staffordshire Cancer Support Programme is here for anyone living with or beyond cancer; whether newly diagnosed, in remission or undergoing treatment.

We provide one-to-one support to help you explore your needs and identify community services to help you meet your goals.



## How can we help?

Our aim is to help to improve your quality of life by enabling you to resolve any difficulties you may be facing. Whether directly related to cancer or not, no matter what the issue is, we will support you in trying to find a solution.

Our team of trained link workers can provide support and information around a wide variety of topics. For example:

- getting back to work
- becoming more physically active
- finding new opportunities for socialising
- accessing welfare, legal and finance advice
- accessing volunteering opportunities
- building self confidence
- counselling and bereavement services

Our Link Workers will help you to:

- Assess your concerns and feelings
- Explore and define what is important to you
- Find the local activities and resources that are right for you
- Find information and explain it for you

Whatever your issue may be, we can help you find a way forward.

The Staffordshire Cancer Support Programme is led by health and social care professionals and supported by a team of trained volunteers. Our service is free, confidential and independent.