



Silverdale Court,
Silverdale Road,
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ST5 6EH.
Tel: 01782 615222

Empowering Individuals on the Autistic Spectrum

Lifeworks Staffordshire is a registered charity for people aged 14+ who are living with a high functioning Autistic Spectrum Condition, Asperger Syndrome, Attention Deficit Hyperactivity Disorder, Dyspraxia, Tourette's Syndrome, Social Anxiety and other associated specific learning difficulties. Our clients are often very intelligent and keen to please but can often struggle to interpret social situations and become very isolated.

From campaigning at local level to increase public awareness of autistic spectrum conditions, to providing much needed relevant services, our aim is to enable our service users to gain social inclusion in the community in order to develop a sustainable and rewarding lifestyle. Our four part-time staff currently assist over 500 service users. We receive no government funding and are therefore reliant on our dedicated team of volunteers to help us with our activities.

We offer our service users support to get on the right benefits (ESA, DLA), assist clients in registering for social housing and in bidding for housing. We run activity groups to help with social inclusion including retro games, rambling groups, healthy eating and run courses aimed to help our clients gain voluntary or paid employment. We run drop in sessions for clients and carer's groups throughout the North Staffs area supporting family members who benefit from meeting others facing the same challenges.

We offer training packages to service providers /carers, so that professional organisations as well as individual carers can have a better understanding and therefore be able to offer better and more specific support to a person with an autistic spectrum condition

We are currently looking to recruit volunteers to help our organisation in many areas. We are especially looking for experienced volunteers (possibly ex NHS staff) as many of our clients interact well with such people.

Our volunteer roles include

Outreach Work. The role involves attending professional appointments (doctors, DWP), helping service users to access voluntary work, education and other supportive organisations so experience of Autistic conditions or in mentoring roles would be an advantage.

Befrienders – Some of our clients are very intelligent but very isolated. The role will include establishing a friendly, sympathetic, informative and professional relationship helping to build social interaction, encouraging engagement with our activities and services and other organisations.

Support Groups – Do you have a skill you'd like to share? We are currently looking for volunteers to run or assist the activity groups the organisation runs including Wii, Retro Games, Pizza Night, arts & crafts & Rambling Group. We are also looking for people to assist at our drop in sessions supporting clients and carers.

Tel: 01782 615222

Email: lifeworks-staffordshire@btconnect.com

www.lifeworksstaffordshire.org.uk

Reg Charity No. 1120803



Fundraising volunteers - creative, enthusiastic, compassionate volunteers to work as part of a team attending events, raising awareness and funds for the organisations activities.

We also have other opportunities including **Office volunteer** roles, helping run **Lifeworks Computer Club**, helping with our website and social media pages, gardening, painting and decorating.

A basic knowledge of Autism Spectrum Conditions may be an advantage but not essential. Training and support will be given travel and reasonable out of pocket expenses paid. To register an interest in volunteering Tel: 01782 615222 and ask for Dominic (Volunteer & Helpline Supervisor). E-mail dom.lifeworks@gmail.com or follow us on;

<http://www.lifeworksstaffordshire.org.uk/>

<https://www.facebook.com/lifeworks.staffordshire>

<https://twitter.com/lifeworksstaffs>