

Over 65's Safety and Wellbeing Event

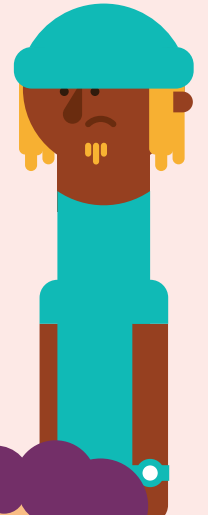
**SAFE +
SOUND**



**Biddulph Community
Fire Station**



Tuesday October 17 2017



Lots of educational sessions in an informal, relaxed environment including:

- CPR and what to do in an emergency - delivered by Staffordshire & Stoke-On-Trent NHS Partnership Trust
- Assistive technology - information and advice from Medequip
- Relaxation taster session
- Home fire safety delivered by Staffordshire Fire and Rescue Service
- Staffordshire Police advice and support on staying safe - on line, and out and about



Sessions are 9am - 1pm or 1pm till 5pm. To book email safeandsound@staffordshirefire.gov.uk and state which session you would like to attend. Or call Paul Carter on 01785 898791

FREE
to attend, but
places must be
booked!



**Free refreshments
and giveaways**

