

# COVID-19 Neighbourhood Safety



## Fact Sheet

You may be wondering how to respond to your neighbours during this time and may have seen the postcard type notes that you can pop in letterboxes. There are a few things you can do to ensure you and your neighbours stay safe.

### DO

- Always wash your hands before handling anything you will be delivering to other vulnerable people
- Put shopping on doorsteps or in other arranged safe places
- Keep two metres away from those that you are helping. Chat through open windows or at a safe distance from the front door
- Ask if your neighbour is well, check regularly on anyone who is vulnerable
- Create a local list of organisations that can help in the event that you need information, support, resources or healthcare
- Keep abreast of the facts so that you can give the correct information, alleviating some fears and sharing only accurate information

### DON'T

- Put your home address on a public forum and consider your own safety and security
- Put any details about vulnerable people on the internet or give them out to anyone you don't know
- Go into the houses of people you don't know
- Help if you or anyone in your household shows any symptoms of coronavirus, in particular coughing, shortness of breath and fever



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### County and UK Support

<https://www.supportstaffordshire.org.uk/covid-19-support>

Information on how you can get involved as an individual and sources of other support

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

Up to date advice from the NHS

<https://www.supportstaffordshire.org.uk/covid-19-support/updates>

Up to date information on local services during this crisis

<https://www.staffordshireconnects.info/kb5/staffordshire/directory/home.page>

Information in what services are available to support people

<https://fullfact.org/health/wuhan-coronavirus/>

Information checking website, dispelling myths, stories and rumours

<https://www.doctorsoftheworld.org.uk/coronavirus-information/#>

Covid-19 information translated into other languages

<https://www.asthma.org.uk/advice/triggers/coronavirus-covid-19/>

Covid-19 information for people with asthma who have particular concerns

<https://www.bhf.org.uk/informationsupport/heart-matters-magazine/news/coronavirus-and-your-health>

Covid-19 information for those with heart or circulatory disease

[https://bloodwise.org.uk/sites/default/files/documents/one\\_cancer\\_voice\\_advice\\_on\\_coronavirus\\_for\\_people\\_with\\_cancer.pdf](https://bloodwise.org.uk/sites/default/files/documents/one_cancer_voice_advice_on_coronavirus_for_people_with_cancer.pdf)

Covid-19 information for those with cancer

<https://www.stoploansharks.co.uk/>

Information for anyone at risk of or a victim of illegal money lending

If you think abuse may be taking place, refer to Safeguarding:

CHILDREN      0800 1313 216 office hours only  
                     0345 604 2886 out of hours emergency

ADULTS        0345 604 2719 office hours only  
                     0345 604 2886 out of hours emergency

